

Canadian Paraplegic Association (Manitoba) Inc.

Mission:

To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



2010/11
Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

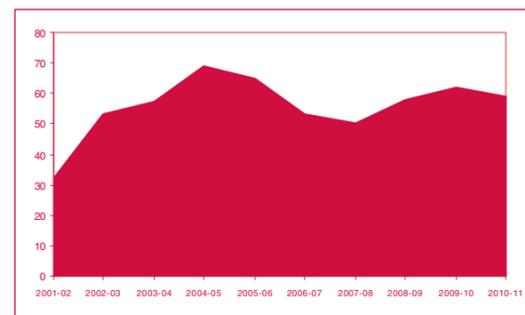
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



59 new SCI between April 1, 2010 and March 31, 2011. Of these (some statistics unavailable)*

- 29 traumatic, 28 non-traumatic *
- 33 paraplegia, 25 tetraplegia *
- 15 complete, 37 incomplete injuries *
- 16 aged 35 and under, 41 aged 35 and over
- 47 male, 12 female
- 50 non-Aboriginal, 9 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 13,615 client services outputs during the year for 536 clients (see Services Table).

Services Table

	Number of Services	Percentage of Total Services Provided:
Accommodation	1499	11%
Client Identified Issues	20	.5%
Education/Vocational	1364	10%
Employment/Vocational	1070	8%
Equipment & Supplies	831	6%
Family & Other Significant Relationships	368	3%
Financial	833	6%
Health & Wellness	3233	24%
Legal Issues	168	1%
Recreation & Leisure	227	2%
Sexuality	83	.5%
Supports for Independence	175	1%
Transportation	327	2%
Overall Services Coordination/Quality Assurance	3417	25%
TOTALS:	13,615	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Life After Spinal Cord Injury book
- Life After Spinal Cord Injury for Incomplete spinal cord injuries book

- Guide to Pressure Ulcer Prevention book
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families book
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- City of Winnipeg Access Advisory Committee
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Manitoba Spinal Cord Injury Research Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Barrier-Free Manitoba Initiative
- Rehabilitation resources to community, citizens, business, etc.
- Identification of presenters to schools and other community systems
- Disability in Emergency Management Network
- Assembly of Manitoba Chiefs
- Behavioural Health Foundation of Manitoba
- Aboriginal Centre
- Addictions Foundation of Manitoba
- Individual Employers
- Winnipeg Regional Health Authority—Wound Care Committee

President and Executive Director's Report

The association has completed this year in a positive financial position allowing for the successful continuation of ongoing programs. The focus over the last year has been on service delivery at the provincial and national level. The 2010/2011 fiscal year has seen the successful progression of our three strategic initiatives: enhancing public image, expansion of service and professionalism.

Enhancing our public image was improved through the development of new public awareness initiatives. These included the month of May being proclaimed by the Government of Manitoba as *Spinal Cord Injury Awareness Month* in the province. A highlight included the implementation of our newly created *Chair Leaders* event. This public awareness event saw four local celebrities, who were provided with simulated spinal cord injuries, matched with four CPA members. The matched couple spent a day together, culminating in a press conference where the celebrities shared their 'first hand' experiences using a wheelchair or other mobility equipment.

Core services have continued to be enhanced and expanded to help meet the needs of Manitobans with spinal cord injuries. The "Going Forward Together: Government of Manitoba's Contribution to Spinal Cord Injury Leadership in Manitoba" Agreement has completed its second year of operation delivering the following highlights. The second year of having two additional CPA Rehabilitation Counsellors has increased the limited capacity to meet the demand for service. The Manitoba Spinal Cord Injury Research Committee completed full annual funding for new and innovative SCI-related research projects in Manitoba. Progress continued in assessing the needs of our Aboriginal stakeholders through our urban development initiative. We continued to employ a second CPA rehabilitation staff person dedicated to Aboriginal Services, resulting in increased capacity in the delivery of service to this population.

Professionalism continued to be an integral component of our operations. The importance of providing training for staff has been recognized through a significant increase in the staff training budget. This has expanded opportunities for staff to access educational materials and training sessions thereby increasing the quality of service to our members.

The CPA National Office has re-focused its priorities and increased its involvement in coordinating and supporting provincial divisions to develop consistent service delivery measurement. CPA Manitoba has been involved in refining our service delivery measurement criterion and is recognized as a leader in this area throughout the CPA Federation. We have taken a lead role in defining outcome measures and data collection methods to assist CPA divisions throughout Canada.

The success of the past year is due to the commitment of many people who facilitate our association to fulfill its

mission. For example, our funders provided the financial support for our services to continue to meet the needs of our members. Our volunteer board of directors has dedicated their time and energy to understand and address the issues affecting our stakeholders. This has assisted them to provide the ongoing input to set and prioritize the direction of our association. And finally our staff, whose compassion and hard work, as well as effective management of resources, has ensured consistent ethical service delivery. We thank all of you for your sensitivity and caring. It is your contribution that propelled our association to productively meet its challenges over the last year.

There continues to be challenges ahead and many needs yet to be fulfilled. Through the continued implementation of innovative and quality services and the refinement of service delivery processes, we have positioned CPA Manitoba for meeting the needs of our stakeholders' in years to come.

—John Wallis and Ron Burky

2010/11 CPA (Manitoba) Inc. Board of Directors

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 Art Braid*— Executive
 Pauline Day
 Corrine Deegan*
 Dr. Karen Ethans
 Ron Fortier
 Jeannette Gougeon
 Ernie Hasiuk — Past President
 Bill Neill
 Leonard Steingarten*
 Adam Terwin — Treasurer
 Tim Toor
 Lynda Walker
 John Wallis — President
 John Wyndels*— Vice President
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CPA (Manitoba) Inc. Staff

Ron Burky — Executive Director
 Darlene Cooper — Director of Rehabilitation Services
 Adrienne Conley — Executive Assistant
 John Powell — Accounting Officer
 Greg Winmill*— Rehabilitation Counsellor
 Maria Cabas — Rehabilitation Counsellor
 Laurence Haien — Senior Rehabilitation Counsellor
 Scott Coates*— Rehabilitation Counsellor
 Maureen Sullivan — Rehabilitation Counsellor
 Willie Ducharme — Project Coordinator
 Gail Burnside — Rehabilitation Counsellor

*paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2011

Financial Position	2011	2010
Assets		
Cash	\$295,785	\$247,126
Accounts receivable	44,982	34,062
Prepaid expenses	11,469	13,142
Fixed assets	4,677	8,139
Trust assets	1,088,304	353,700
	\$1,445,217	\$656,169
Liabilities and Net Assets		
Accounts payable and accrued liabilities	\$21,463	\$14,377
Accrued vacation pay	34,560	33,765
Deferred revenue	64,514	37,813
Funds held in trust	52,632	52,316
Trust liabilities	1,088,304	353,700
Net assets	183,744	164,198
	\$1,445,217	\$656,169

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.
 The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2011, and the summary statement of operations and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2011. We expressed a qualified audit opinion on those financial statements in our report dated June 2, 2011. The summary financial statements do not contain all the disclosures required by Canadian Generally Accepted Accounting Standards. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2011 are a fair summary of those financial statements. The summary financial statements are qualified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our qualified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2011, and its financial performance and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

DELOITTE & TOUCHE LLP—Chartered Accountants
 Winnipeg, Manitoba—June 2, 2011

Revenue and Expenses and Changes in Net Assets	2011	2010
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$262,800	\$261,600
Health Canada	82,500	82,500
United Way of Winnipeg	124,350	121,896
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	20,000	20,000
CPA National project grants	5,718	10,880
Manitoba Paraplegia Foundation Inc.	5,000	5,000
Rick Hansen Foundation	783	20,700
Step-Up Program	25,000	25,844
	584,048	606,317
Fees for service – MPI & other	10,000	10,000
Miscellaneous	38,965	23,043
Recovery of equip. & training costs from/on behalf of paraplegics	27,333	44,472
	660,346	683,832
Expenses		
Rehab. Services Program		
Amortization	3,462	4,796
Salaries & Expenses	435,644	446,987
Vocational Assist.	27,333	44,472
Advocacy/Information Program	124,361	150,003
Total expenses	590,800	646,258
Excess of Revenue over Expenses from Continuing Operations	69,546	37,574
Transfer to Manitoba Paraplegia Foundation	(50,000)	(70,000)
Excess of Revenue over Expenses (Expenses over Revenue)	19,546	(32,426)
Net Assets, Beginning of Year	164,198	196,624
Net Assets, End of Year	\$183,744	\$164,198

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2010/2011 year ending with an Excess of Revenue over Expenses of \$69,546. After a \$50,000 transfer to the Manitoba Paraplegia Foundation Inc., the Excess of Revenue over Expenses was \$19,546.

Our revenue was very consistent with the prior year. Overall, our total revenue showed a slight decrease of \$23,486. Major differences are \$19,770 from Rick Hansen Foundation, \$17,139 from Recovery of Costs and an increase in Donations of \$12,841. Other small variances in funding make up the difference.

Our expenses decreased in line with our small revenue decrease. Overall our expenses decreased by \$17,215, mostly a result of decreased consulting and national assessment. The rest of the expenses were consistent with the prior year.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Anonymus
- Frank Borowski
- Arthur Braid
- Randy Colbert
- Corrine Deegan
- Greg Erlendson
- Keith G. Collins Ltd.
- Derek Legge & Kay Stewart
- Paul MacDonald
- Audrey McIlraith
- Barbara Millward
- Jim Richardson
- Arnold & Orpha Schryvers
- Spinal Cord Research Centre—U of M
- Calvin Sinclair
- Harold Swalwell
- June Thomson

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee and also Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.