

Canadian Paraplegic Association (Manitoba) Inc.

Mission:
To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



CPA Member Scott Coates speaks about his spinal cord injury as Manitoba Government announces support for Manitobans with spinal cord injuries.



Minister of Health Erin Selby and Rick Hansen with Scott Coates and members of his Winnipeg Warriors hockey team.

Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

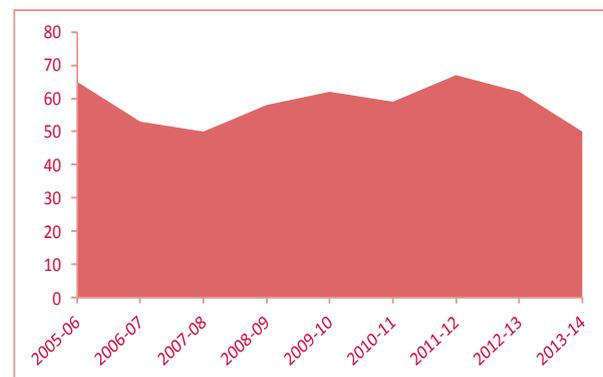
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



50 new SCI between April 1, 2013 and March 31, 2014.

- 26 traumatic, 24 non-traumatic
- 44 paraplegia, 6 tetraplegia
- 10 complete, 40 incomplete injuries
- 37 aged 15 to 65 and 13 aged 65 and over
- 37 male, 13 female
- 34 non-Aboriginal, 16 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 9,392 client services outputs during the year for 530 clients (see Services Table).

Services Table

Type of Service:	Number of Services Provided:	Percentage of Total Services Provided:
Accommodation	760	8%
Education/Vocational	1424	15%
Employment/Vocational	700	7.5%
Equipment & Supplies	761	8%
Family & Other Significant Relationships	274	3%
Financial	559	6%
Health & Wellness	2278	24%
Legal Issues	167	2%
Recreation & Leisure	94	1%
Sexuality	31	.5%
Transportation	181	2%
Overall Services Coordination/Quality Assurance	2163	23%
TOTALS:	9,392	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Life After Spinal Cord Injury book
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries book

- Guide to Pressure Ulcer Prevention book
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families book
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons with SCI. Ongoing community collaboration included:

- City of Winnipeg Access Advisory Committee
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Manitoba Spinal Cord Injury Research Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Barrier-Free Manitoba Initiative
- Rehabilitation resources to community, citizens, business, etc.
- Identification of presenters to schools and other community systems
- Assembly of Manitoba Chiefs
- Behavioural Health Foundation of Manitoba
- Aboriginal Centre
- Addictions Foundation of Manitoba
- Individual Employers
- Winnipeg Regional Health Authority—Wound Care Committee
- United Way of Winnipeg
- Disabilities Issues Office of Manitoba
- Assistive Technology, Health Sciences Centre
- Manitoba Employment Equity Association of Manitoba

President and Executive Director's Report

The 2013/2014 fiscal and operating year has been one of challenge, progress, and opportunity for CPA Manitoba in helping Manitobans with spinal cord injuries meet the challenges they face, and as we work to address their concerns.

Challenges of the past year included:

- uncertainty around funding for the range of services we provide
- ongoing changes to the process for extending services to newly injured persons with SCI
- the ongoing process of change underway in our healthcare system and the resulting changes in how services are delivered and when they are delivered

We are pleased to be able to report that CPA Manitoba continued to address timely issues at the direction of the Board, and staff continued to deliver the high level quality services that have become the hallmark of CPA Manitoba, and an example to the rest of the country. As the country and the province face the challenges posed by changing demographics, by advances in medicine and care, and indeed by the changing expectations of the society around us; we at CPA Manitoba must continue to evolve to ensure that the concerns of the SCI community in Manitoba are heard, that their interests are represented, and that the necessary actions are taken to help ensure the most positive of outcomes and quality of life for them. In support of these ongoing efforts, CPA Manitoba has initiated a review of our strategic plan to be completed in late fall of 2014.

We recognize that the health care system is changing in significant and far reaching ways. Results, outcomes, and value for dollars are the watchwords as all of us strive to achieve the best results and outcomes possible for the people whose interests we represent. Our track record of diligence and success at CPA Manitoba in this regard are among the key reasons for the success of the organization, and for our standing with the organizations that provide us with funding. We have continued to make measured investments in staff and management development to maintain our organizational strength in coming months and years.

The success of addressing the many challenges with limited resources is a result of the strong support of the Board of Directors, through its involvement in the Programs & Community Relations Committee and the Operations Committee; staff, through their dedication to providing quality services; and the staff and volunteers who serve on other community committees and collaborate with CPA Manitoba. Our staff at CPA Manitoba are second to none, and we are proud to be a part of the organization with them.

Highlights of some of the accomplishments of the past year include:

- We are pleased to report that our collaboration with the Rick Hansen Foundation has again borne fruit; with the Government of Manitoba, RHI, and CPA Manitoba reaching an agreement to extend funding under the Going Forward Proposal for another 5 years, thus ensuring continuity and stability in programs and services for Manitobans living with SCI through 2018.
- Manitoba Health is a contributor to the extended funding from the Government of Manitoba. This Ministry's investment further demonstrates the Government of Manitoba is responding to the SCI-related health care issues for Manitobans.
- With the recent sale of the building housing CPA offices, the historic location of CPA was in jeopardy. CPA has now secured a multi-year agreement to stay at its current location – across from the Health Sciences Centre Rehabilitation Hospital, which has the SCI Rehabilitation Unit. This will ensure timely support for those utilizing CPA services while still in hospital.

CPA Manitoba continues to identify important issues affecting

Manitobans with spinal cord injuries. We continue to respond to these challenges with thoughtful and deliberate action including consultation and collaboration with other community stakeholders. While there has been significant progress, we must continue to work hard at addressing current needs and facing future challenges:

- Ongoing involvement in the development of support for patients with SCI at the Health Sciences Centre Rehabilitation Hospital—focusing on a smooth and successful transition from hospital to community settings.
- The ever increasing demand for services requiring innovative and cost-effective solutions.
- Adapting to ongoing changes in service delivery models in the health care system in order to continue the high levels of holistic support CPA Manitoba has traditionally provided to its members, will require new and innovative approaches.
- Continuing our support for the funding and development of our SCI research capability here in Manitoba.
- Raising the public profile of CPA Manitoba to ensure that those who require our support are fully aware of who we are and what we provide to our members.

We sincerely appreciate the continued financial support of our funding partners, sponsors and supporters. We thank our current and retiring board members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality to assist Manitobans with spinal cord injuries. We cannot say enough about their contributions, their support, and their obvious commitment.

2013/14 CPA (Manitoba) Inc. Board of Directors

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Pauline Day

Corrine Deegan*

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Jeannette Gougeon

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Darlene Cooper — Director of Rehabilitation Services

Adrienne Conley — Executive Assistant

John Powell — Accounting Officer

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Laurence Haien — Senior Rehabilitation Counsellor

Lynda Walker — Rehabilitation Counsellor

Maureen Sullivan — Rehabilitation Counsellor

Willie Ducharme — Project Coordinator

Gail Burnside — Rehabilitation Counsellor

Shannon Dupont* — Rehabilitation Counsellor

**paraplegic or tetraplegic*

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2014

Financial Position

	March 31, 2014	March 31, 2013
Assets		
Cash	\$ 431,861	\$272,818
Accounts receivable	13,503	149,993
Prepaid expenses	10,138	9,745
Fixed assets	1,363	6,437
Trust assets	480,256	262,108
	\$ 937,121	\$701,101
Liabilities and Net Assets		
Accounts payable and accrued	\$ 19,336	\$20,079
Government remittances	5,629	4,416
Accrued vacation pay	42,889	37,021
Deferred revenue	58,742	93,357
Funds held in trust	47,074	46,832
Trust liabilities	480,256	262,108
Net assets	283,195	237,288
	\$ 937,121	\$701,101

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2014, and the summary statement of revenue and expenses and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2014. We expressed a modified audit opinion on those financial statements in our report dated June 17, 2014. The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810. "Engagements to Report on Summary Financial Statements".

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2014 are a fair summary of those financial statements. The audit report on our summary financial statements is modified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our modified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2014 and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

DELOITTE & TOUCHE LLP—Chartered Accountants
Winnipeg, Manitoba—June 17, 2014

Revenue and Expenses and Changes in Net Assets

	2014	2013
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$265,432	\$265,432
United Way of Winnipeg	130,668	126,887
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	20,000	20,000
SCI Canada project grants	19	647
Amortization of deferred revenue		
Rick Hansen Foundation		
Quality of Life Grant	34,615	7,138
Manitoba Paraplegia Foundation		
Aboriginal counsellor position	58,400	-
	567,031	478,001
Fees for service – trust	10,000	10,000
Miscellaneous	29,530	35,098
Recovery of equip. & training costs from/on behalf of paraplegics	44,462	24,939
	651,023	548,038
Expenses		
Amortization of fixed assets	5,074	5,105
Rehabilitation Services Program	432,215	369,388
Advocacy/Information Program	120,870	106,568
Vocational assistance	44,462	24,939
Quality of Life Grant	2,495	7,138
	605,116	513,138
Excess of Revenue over Expenses	45,907	34,900
Net Assets, beginning of year	237,288	202,388
Net Assets, end of year	\$283,195	\$237,288

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2013/2014 year ending with an Excess of Revenue over Expenses of \$45,907.

Our total revenue for the year was \$651,023. This was an increase from the prior year as we received assistance from the Manitoba Paraplegia Foundation Inc. and the Rick Hansen Foundation to off-set the loss of a major funder (Health Canada) the prior year. This enabled the Canadian Paraplegic Association (MB) Inc. to provide a consistent level of service to its members.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

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|-----------------------------|--------------------------------------|
| • Patricia & Dieter Bonas | • Derek Legge & Kay Stewart |
| • Frank Borowski | • Barbara Millward |
| • Fred Boyko | • Rudy Niebuhr |
| • Arthur Braid | • Jim Richardson |
| • CurlManitoba—The Dominion | • Arnold & Orpha Schryvers |
| • Corrine Deegan | • George Silar |
| • Sandra Doerksen | • Calvin Sinclair |
| • Marjorie Dyck | • Spinal Cord Research Centre—U of M |
| • Greg Erlendson | • Leonard Steingarten |
| • Dr. Karen Ethans | • Harold Swalwell |
| • Keith G. Collins Ltd. | • Harold Swalwell |
| • Walter Kiryluk | • June Thomson |
| • Paul MacDonald | |

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing CPA clients and members of research participation opportunities.