

Canadian Paraplegic Association (Manitoba) Inc.

Mission: To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



Vocational Success



Peer-Lifelong Support



Full Participation



Enjoying Life



Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters; CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation—early intervention in hospital; Reintegration—community services upon return home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

"Someone who's been there" can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

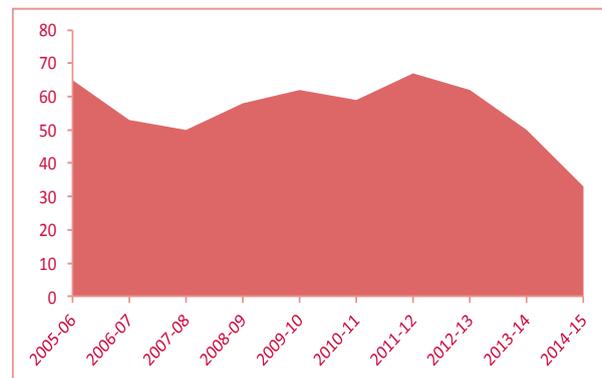
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent.

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



33 new SCI between April 1, 2014 and March 31, 2015.

- 20 traumatic, 13 non-traumatic
- 21 paraplegia, 12 tetraplegia
- 17 complete, 16 incomplete injuries
- 25 aged 15 to 65 and 8 aged 65 and over
- 21 male, 12 female
- 29 non-Aboriginal, 4 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 8,123 client services outputs during the year for 397 clients (see Services Table).

Services Table

Type of Service:	# of Services Provided:	% of Total Services Provided:
Accommodation	421	5%
Education/Vocational	979	12%
Employment/Vocational	422	5%
Equipment & Supplies	649	8%
Family & Other Significant Relationships	318	4%
Financial	382	5%
Health & Wellness	2748	34%
Legal Issues	47	.5%
Recreation & Leisure	91	1%
Sexuality	34	.5%
Transportation	120	1%
Overall Services Coordination/Quality Assurance	1912	24%
TOTALS:	8,123	100%

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Life After Spinal Cord Injury book
- Life After Spinal Cord Injury for Incomplete Spinal Cord Injuries book
- Guide to Pressure Ulcer Prevention book
- Children's book "....so Dad uses a wheelchair"
- Life Interrupted: For Youth with Spinal Cord Injury and their families book
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program
- Brochures, articles, videos about SCI issues.

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year. This improves exchange of relevant information on priority issues to encourage full community participation for persons

with SCI. Ongoing community collaboration included:

- City of Winnipeg Access Advisory Committee
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- Provincial Solutions Committee
- Manitoba Spinal Cord Injury Research Committee
- Ten Ten Sinclair Housing Inc. Board of Directors
- Health Sciences Centre Rehabilitation Hospital SCI Program Management Team
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Barrier-Free Manitoba Initiative
- Rehabilitation resources to community, citizens, business, etc.
- Identification of presenters to schools and other community systems
- Assembly of Manitoba Chiefs
- Behavioural Health Foundation of Manitoba
- Aboriginal Centre
- Addictions Foundation of Manitoba
- Individual Employers
- Winnipeg Regional Health Authority—Wound Care Committee, Clinical Nurse Specialist, Home Care, Community Infection Prevention & Control, Nurse Educator for Home Care Nursing, Home Care Support Team
- Health—Regional Policy and Programs Acute, Tertiary & Special Care
- Community Area Directors—Winnipeg Integrated Services
- United Way of Winnipeg
- Disabilities Issues Office of Manitoba
- Assistive Technology, Health Sciences Centre
- Manitoba Employment Equity Association of Manitoba
- Old Grace Hospital Housing Co-op
- St. Benedicts Retreat Centre
- SouthEastern Literacy Service
- Volunteer Association of Manitoba
- Grace Hospital (PANSU) and Occupational Therapy
- Geriatric Mental Health Team
- Riverview Health Centre



2014/15 Annual Report

President and Executive Director's Report

After the challenges of the 2013/2014 fiscal and operating year, CPA Manitoba has been able to focus more fully on the future even as we work to help Manitobans with spinal cord injuries meet the challenges they face, and as we work to address their concerns.

In early 2015, the Board completed a process of strategic planning and review. We followed a process of looking at strengths and weaknesses within the organization, and identified threats and opportunities.

There was broad agreement that the client demographic is changing, that health care services delivery models, methodologies, and philosophies are changing in sometimes dramatic ways.

At the same time, CPA Manitoba no longer enjoys a presence at the Rehab Hospital along with the visibility and access to new injuries that that brings. This poses a challenge in that the organization no longer enrolls the number of new injuries as new members that it was once able to. This has an impact in a number of ways, such as but not limited to: newly injured SCI patients no longer have immediate access to CPA services which has an impact on discharge planning and patient transition to the community; potential adverse impact on quality of life and health outcomes for patients; difficulties in the ability of the organization to enroll the members that require services and for which it is funded.

There is little chance of a return to the model of integrated participation with the SCI team followed in the past, so the organization must find new and innovative ways to meet newly injured SCI patients to provide them with support, and engage with key stakeholders. We must also keep abreast of changes in the health care system and adapt and innovate—while continuing to advocate as appropriate for best practices—so that we may continue to deliver the best in class services that CPA Manitoba is known for across Canada, and for which the organization is seen as a leader in the province.

Funding, while reasonably stable for the foreseeable future thanks to the commitment and dedication of our funders, represents an organizational risk over the longer term. The organization must continue to innovate as the operating environment changes, and as we continue to seek ways of connecting with increasingly dispersed individuals who—while in need of the services and support offered by CPA Manitoba, are unaware of our existence. Stable funding depends on ensuring that the organization remains relevant and continues to serve the needs of individuals living with SCI as well as we have and continue to do.

Together, these represent significant challenges to the organization over the medium to longer term. At the same time, the brand of the organization is strong where it known, the service delivery model is strong and respected, there is a strong team in place, and there is an opportunity to address the issues with alacrity to be sure, but in a deliberate and planned fashion absent an atmosphere of crisis. In the coming year, CPA Manitoba will be working to identify and implement strategies to raise the profile and brand awareness of the organization, to more efficiently connect with those having suffered new injuries while maintaining service to existing members, and continue to build partnerships with—and innovate alongside—a rapidly evolving health care system.

While these future challenges are significant, we are pleased to be able to report that CPA Manitoba continues to address timely issues at the direction of the Board, and staff continued to deliver the high level quality services that have become the hallmark of CPA Manitoba, and an example to the rest of the country.

Our success in securing—in partnership with the Rick Hansen

Foundation, and thanks to their hard work—secure multi-year funding under the second iteration of the Going Forward Together Proposal, has allowed us to focus on building our staff strength through filling vacant positions.

We continue to work to build and strengthen our relationships with our partners in the health care system in the interests of our members, and we continue to give a constructive voice to concerns regarding systemic issues and corresponding opportunities for improvement.

The success of addressing the many challenges with limited resources is a result of the strong support of the Board of Directors, through its involvement in the Programs & Community Relations Committee and the Operations Committee; staff, through their dedication to providing quality services; and the staff and volunteers who serve on other community committees and collaborate with CPA Manitoba. Our staff at CPA Manitoba are second to none, and we are proud to be a part of the organization with them.

Some other highlights of some of the accomplishments of the past year include:

- The completion of a strategic review and planning process to help guide the organization over the longer term future.
- Continuing to build linkages and relationships with Manitoba Health as a new contributor to the extended funding from the Government of Manitoba. This Ministry's investment further demonstrates the Government of Manitoba is responding to the SCI-related health care issues for Manitobans.
- Continued investments in staff and organizational development to continue to support our staff and management.

We sincerely appreciate the continued financial support of our funding partners, sponsors and supporters. We thank our current and retiring board members and our staff for their dedication and commitment to providing leadership, excellent administrative assistance and professional services of the highest quality to assist Manitobans with spinal cord injuries. We cannot say enough about their contributions, their support, their obvious commitment.

—John Wallis and Ron Burky

CPA (Manitoba) Inc. Board of Directors

Patti Bonas*	JoAnn Morrissey
Art Braid*— <i>Executive</i>	Barbara Rapson
Pauline Day	Leonard Steingarten *
Corrine Deegan*	Adam Terwin — <i>Treasurer</i>
Ron Fortier	Tim Toor
Jeannette Gougeon	John Wallis — <i>President</i>
Janet Morrison	John Wyndels*— <i>Vice President</i>

CPA (Manitoba) Inc. Staff

Ron Burky — Executive Director
 Darlene Cooper — Director of Rehabilitation Services
 Adrienne Conley — Executive Assistant
 John Powell — Accounting Officer
 Maria Cabas — Rehabilitation Counsellor
 Laurence Haien — Senior Rehabilitation Counsellor
 Willie Ducharme — Project Coordinator
 Gail Burnside — Rehabilitation Counsellor
 Tara Mamchuk — Rehabilitation Counsellor
 Jackie Armes — Rehabilitation Counsellor

**paraplegic or tetraplegic*

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2015

Financial Position

	March 31, 2015	March 31, 2014
Assets		
Cash	\$ 258,341	\$431,861
Accounts receivable	190,588	13,503
Prepaid expenses	14,210	10,138
Fixed assets	3,678	1,363
Trust assets	165,022	480,256
	\$ 631,839	\$937,121
Liabilities and Net Assets		
Accounts payable and accrued	\$ 22,384	\$19,336
Government remittances	6,434	5,629
Accrued vacation pay	41,526	42,889
Deferred revenue	49,021	58,742
Funds held in trust	43,677	47,074
Trust liabilities	165,022	480,256
Net assets	303,775	283,195
	\$ 631,839	\$937,121

Independent Auditor's Report

To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summary financial statements, which comprise the summary statement of financial position as at March 31, 2015, and the summary statement of revenue and expenses and changes in net assets for the year then ended, are derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2015. We expressed a modified audit opinion on those financial statements in our report dated June 23, 2015. The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements, therefore, is not a substitute for reading the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc.

Management's Responsibility for the Summary Financial Statements: Management is responsible for the preparation of a summary of the audited financial statements. **Auditor's Responsibility:** Our responsibility is to express an opinion on the summary financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, "Engagements to Report on Summary Financial Statements".

Opinion: In our opinion, the summary financial statements derived from the audited financial statements of Canadian Paraplegic Association (Manitoba) Inc. for the year ended March 31, 2015 are a fair summary of those financial statements. The audit report on our summary financial statements is modified for the completeness of donation revenue not susceptible of satisfactory audit verification. Our modified audit opinion states that, except for the fact that the completeness of donations revenue is not susceptible to satisfactory audit verification, those financial statements present fairly, in all material respects, the financial position of Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2015 and its results of operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

DELOITTE & TOUCHE LLP—Chartered Accountants
 Winnipeg, Manitoba—June 23, 2015

Revenue and Expenses and Changes in Net Assets

	2015	2014
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$290,432	\$265,432
United Way of Winnipeg	131,987	130,668
Winnipeg Regional Health Authority	57,897	57,897
Workers Compensation Board	20,000	20,000
SCI Canada project grants	—	19
Amortization of deferred revenue		
Rick Hansen Foundation		
Quality of Life Grant	9,721	34,615
Manitoba Paraplegia Foundation		
Aboriginal counsellor position	—	58,400
	510,037	567,031
Fees for service – trust	13,333	10,000
Miscellaneous	27,309	29,530
Recovery of equip. & training costs from/on behalf of paraplegics	53,289	44,462
	603,968	651,023
Expenses		
Amortization of fixed assets	3,433	5,074
Rehabilitation Services Program	401,739	432,215
Advocacy/Information Program	115,206	120,870
Vocational assistance	53,289	44,462
Quality of Life Grant	9,721	2,495
	583,388	605,116
Excess of Revenue over Expenses	20,580	45,907
Net Assets, beginning of year	283,195	237,288
	\$303,775	\$283,195

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2014/2015 year ending with an Excess of Revenue over Expenses of \$20,580.

Our revenue for the year was \$603,968. This was a decrease of about 7% from the prior year as we received less assistance from the Manitoba Paraplegia Foundation Inc. and the Rick Hansen Foundation, which increased their funding in the prior year to offset the loss of a major funder (Health Canada) in 2012/2013. We did, however, receive an increase in funding from the Provincial Government to help offset a large rent increase. The Canadian Paraplegic Association (MB) Inc. was able to provide a consistent level of service to its members.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, John Powell for his hard work and dedication, and thank Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Adam Terwin, *Treasurer*

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

- Patricia & Dieter Bonas
- Barbara Millward
- Frank Borowski
- Jim Richardson
- Fred Boyko
- George Silar
- Arthur Braid
- Clare Simpson
- CurlManitoba—Travelers Insurance Championship
- Calvin Sinclair
- Marjorie Dyck
- Joseph Smithson
- Greg Erlendson
- Spinal Cord Research Centre—U of M
- Dr. Karen Ethans
- Leonard Steingarten
- Keith G. Collins Ltd.
- Harold Swalwell
- Walter Kirylyuk
- June Thomson

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in the Manitoba Spinal Cord Injury Research Committee, and by informing CPA clients and members of research participation opportunities.